

PROFESSIONAL DEVELOPMENT DAY

SUNDAY, APRIL 19



WFH



MEDICAL TRACK



PWBD TRACK



MSK TRACK



DENTAL TRACK



PSYCHOSOCIAL TRACK



WGBD TRACK



NURSES TRACK



LAB SCIENCES TRACK



8:30-12:30 - MSK 1: Ultrasound

Enhance your skills in point-of-care ultrasound for patients with bleeding disorders in this hands-on workshop. Focused on the elbow, knee, and ankle, you'll gain practical experience in assessing synovial spaces, osteochondral surfaces, and detecting intra-articular bleeding or inflammation. Small-group sessions with expert instructors will give you the confidence to perform accurate, reliable ultrasound evaluations of the joints most commonly affected.



13:00-15:30 - MSK 2: Manual Therapy

This hands-on workshop introduces healthcare professionals to safe and effective manual therapy techniques for people with bleeding disorders. Participants will explore joint traction, myofascial release, and joint sliding techniques through practical demonstrations and supervised practice on the ankle, knee, and elbow.



16:00-18:00 - MSK 3: Foundations and Practical Strategies for Strength Training in PWBD

Discover how to safely and effectively use elastic resistance training for people with haemophilia in this hands-on workshop. You'll explore key principles, learn to master training dose and intensity, and put theory into action through practical exercises. Engage in group discussions, share ideas, and get expert guidance during an interactive Q&A to leave ready to design personalized strength programs with confidence.



12:00-14:00 - LAB 1: Getting Started: Fundamentals of Hemostasis Testing

This workshop is designed for participants new to hemostasis testing, providing a practical introduction to the fundamentals. Attendees will learn about selecting equipment and reagents, understanding the stability of hemostatic parameters, approaching bleeding disorder investigations, and interpreting coagulation results across pediatric age groups.



14:15-16:15 - LAB 2: Do to Learn, Learn to Do (hands-on workshop)

To teach workshop participants the importance of understanding the principles behind manual testing of the key diagnostic assays for hemophilia and von Willebrand disease. Objectives:

- To demonstrate that diagnostic testing can be effectively performed without reliance on specialized equipment.
- To highlight that proficiency in manual methods facilitates the identification and resolution of issues in routine laboratory practice involving instruments and reagents.
- To underscore for the new generation the importance of understanding test principles as a foundation for comprehensive knowledge of laboratory hemostasis



16:30-18:00 - LAB 3: Standards and Strategies for Quality in Hemostasis Testing

High-quality hemostasis testing is essential for accurate diagnosis and patient care. Key strategies include careful pre-analytical steps, selection of reagents and equipment, adherence to guidelines to standardize tests, and participation in proficiency testing. Regular staff training, SOPs, and instrument maintenance further ensure reliable results. Combining manual and automated assays optimizes diagnostic accuracy, even in resource-limited settings. Objectives:

- Understand the critical pre-analytical steps and their impact on the accuracy of hemostasis testing.
- Apply guidelines and make informed choices of reagents and equipment to standardize laboratory assays.
- Recognize the importance of proficiency testing and quality control measures to ensure reliable and reproducible results.



15:30-18:00 - DENTAL: Hands-on Oral Health Education for Patients, Caregivers and Nurses

The majority of dental disease is preventable, and basic prevention education and interventions can be delivered by non-dentists. This hands-on, practical workshop will train participants in fundamental oral health prevention techniques, including how to deliver effective oral health education and apply preventive products such as fluoride varnish. All professional disciplines and caregivers are welcome.



9:30-16:15 - WGBD: Improving Diagnosis and Multidisciplinary Care for Women and Girls with Bleeding Disorders

This full-day workshop will provide healthcare professionals with practical tools and collaborative strategies to improve the diagnosis and care of women and girls with bleeding disorders. It will address diagnostic delays, mislabelling, and generational bleeding through case-based learning, lab interpretation, and interdisciplinary collaboration. Special attention will be given to bone health and the role of primary care in early recognition.

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8:30-15:00 - Nurses Professional Development Day

This full-day workshop for nurses offers a comprehensive exploration of best practices in bleeding disorder care. Participants will gain practical insights into nurse-led clinics, mentorship, triage, musculoskeletal and oral assessments, pseudotumour management, and service development in both resource-rich and resource-limited settings. Through a combination of expert presentations, case discussions, and interactive group work, attendees will share experiences, develop strategies for clinical and educational initiatives, and examine the evolving role of nursing in global bleeding disorder care.



8:30-15:00 - Psychosocial Day

This workshop will introduce and disseminate toolkits developed by the psychosocial committee, aimed at equipping healthcare professionals and caregivers with effective strategies for supporting individuals with bleeding disorders. Participants will learn how to replicate these resources in their own regions or countries upon approval. This workshop aims to equip healthcare professionals and caregivers with effective psychosocial strategies to support individuals with bleeding disorders. It will focus on coping mechanisms, communication skills, and the importance of peer support.



8:30-11:30 - Safety, Efficacy, and Access in Hemophilia and Rare Bleeding Disorders: Navigating the Evolving Therapeutic Landscape

This workshop will provide an in-depth examination of the evolving safety and efficacy landscape in hemophilia and related bleeding disorders. With a rapidly expanding therapeutic pipeline, new rebalancing agents, gene therapies, and real-world data shaping clinical practice, safety considerations remain central to treatment decision-making and patient outcomes. The session will address the latest Phase 1–3 trial data, real-world evidence, and updates to the WHO Essential Medicines List (EML), highlighting both advances and challenges. Special attention will be given to the implications of discontinued or halted therapies and the current state of gene therapy. The workshop aims to equip clinicians, researchers, and patient representatives with practical insights into safety monitoring, risk–benefit assessment, and access to innovative therapies.



16:00-18:20 - Data, Research & Advocacy for Equitable Care

This workshop will focus on driving better care through the collection and use of standardized data. High-quality, standardized data is essential in advancing diagnosis, treatment, and policy for people with bleeding disorders. This workshop demonstrates how patient-reported outcomes, national registries, and global platforms (e.g. WFH Annual Global Survey, World Bleeding Disorders Registry, and Gene Therapy Registry) can be leveraged to reduce inequities, improve quality of life, and guide adoption and monitoring of novel therapies.



16:45-18:15 - MEDICAL: How to Run a Clinic

This workshop will provide healthcare professionals with practical guidance on running a hemophilia clinic effectively. Topics include patient interactions, telehealth integration, lab monitoring, and the benefits of centralized versus smaller clinic models. Participants will also explore staffing considerations and the future development of hemophilia treatment centers from a medical perspective.

Don't miss out on these workshops,
register for the WFH 2026 World Congress today!

wfh.org/Congress

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08:00–9:00

09:00–10:00

10:00–11:00

11:00–12:00

12:00–13:00

13:00–14:00

14:00–15:00

15:00–16:00

16:00–17:00

17:00–18:00

18:00–19:00

19:00–20:00

20:00–21:00

08:30–15:00



Nurses Professional
Development Day

09:30–16:15



WGBD: Improving
Diagnosis and
Multidisciplinary
Care for Women
and Girls with
Bleeding Disorders

08:30–12:30



MSK: Ultrasound

08:30–11:30



Safety, Efficacy, and
Access in Hemophilia
and Rare Bleeding
Disorders: Navigating
the Evolving
Therapeutic Landscape

08:30–15:00



Psychosocial Day

11:00–12:00
*AMGA lunch &
registration

12:00–15:30
*WFH Annual
Meeting of the
General Assembly
(AMGA)

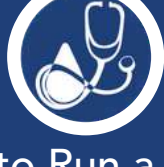
**By invitation only*

16:00–18:15



Data, Research &
Advocacy for
Equitable Care

16:45–18:15



How to Run a Clinic

16:00–18:00



MSK: Foundations and
Practical Strategies for
Strength Training in
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16:30–18:00



LAB: Standards and
Strategies for Quality in
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Hands-on Oral Health
Education for
Patients, Caregivers
and Nurses

18:30 - 19:30

Opening Ceremony

19:30-21:30

Welcome Reception

Space limited for all workshops - first-come, first-served
 Program is subject to change



WFH 2026
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